

9th ANNUAL

Florida Perinatal Mental Health Conference

PARTNERING FOR IMPACT



JANUARY 24-25, 2025



**AC Hotel Tallahassee
Universities at the Capitol**
801 South Gadsden Street,
Tallahassee, FL 32301

www.flmomsmatter.org | info@flmomsmatter.org

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Perinatal Mental Health Facts

Florida's Population in 2021: 22,005,587

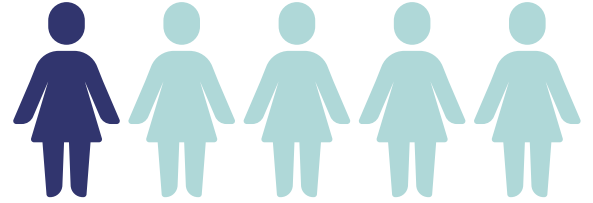
Women of Childbearing Age in 2021 (15-44):
3,977,130

Florida Births in 2021: 216,189

Medicaid covered 45.5% of Births in Florida in
2021

63% of Births in Florida Received Adequate
Prenatal Care Based on the Kotelchuck Index*

*The Kotelchuck Index is a measure of the adequacy of
prenatal care utilization.



**1 in 5 women will experience
a maternal mental health
condition**

**MMH conditions like postpartum depression
are the #1 complication of childbirth¹**

**From 2007 to 2016, 7% of mothers who
gave birth in hospitals had a Substance
Use Disorder (SUD) diagnosis²**

The national prevalence of maternal Opioid
Use Disorder more than quadrupled from
1999 to 2014³



**Less than 15% of women
diagnosed with MMH
condition receive
treatment.**

**10% of new dads will experience
postpartum depression or anxiety.**

**Most maternal mental health
conditions are temporary & treatable.**

1. Gavin NI, Gaynes BN, Lohr KN, Meltzer-Brody S, Gartlehner G, Swinson T. Perinatal depression: a systematic review of prevalence and incidence. *Obstet Gynecol* 2005;106:1071-83.
2. Marian Jarlenski and Elizabeth E. Krans. "Co-occurring Substance Use Disorders Identified Among Delivery Hospitalizations in the United States," *Journal of Addiction Medicine*, December 1, 2020, DOI: 10.1097/ADM.0000000000000792
3. Sarah C. Haight, Jean Y. Ko, Van T. Tong, Michele K. Bohm, and William M. Callaghan. "Opioid Use Disorder Documented at Delivery Hospitalization: United States, 1999-2014," *Morbidity and Mortality Weekly Report, U.S. Centers for Disease Control and Prevention*, August, 10, 2018, DOI: 10.15585/mmwr.mm6731a1

Thank you to this year's Sponsors for supporting the 9th Annual Perinatal Mental Health Conference!

Silver Sponsors



Mission to Care. Vision to Lead.



Bronze Sponsors



Florida Behavioral Health Association

Conference Party



Sage
Therapeutics®

This conference is hosted by the
Florida Maternal Mental Health Collaborative (FLMMHC).
The FLMMHC engages leaders, professionals, advocates, and families
around Florida to achieve our **vision, mission, and goals.**

VISION

Every woman in Florida and her family will receive the help and support they need for optimal maternal mental health and related conditions.

MISSION

The Florida Maternal Mental Health Collaborative (FLMMHC) brings together statewide partners to close the critical gaps in perinatal mental health equity, education, policy/financing, prevention, treatment, and outcomes for women and their families.

GOALS

1. To increase statewide awareness of perinatal mental health as an underserved medical issue and to eliminate stigma surrounding mental health.
2. To improve statewide capacity to treat perinatal mental health with accessible and evidence-based treatments, and to improve coordination and integration of care among health and service professionals.
3. To ensure that health professionals have the training to effectively screen, treat, and manage perinatal mental health conditions.
4. To address health disparities by targeting efforts specifically for vulnerable groups of women and families (e.g., Medicaid, low income).
5. To ensure women and their families receive support and resources to address holistic and psychosocial needs.

**We appreciate your presence at our annual conference and look forward to your active participation in the ongoing initiatives throughout the year.
For further details, please visit flmomsmatter.org.**





Connect with us on social media @flmomsmatter on Facebook, Instagram, LinkedIn, and Twitter!



DAY 1

AGENDA

Friday, January 24, 8:00am-5:35pm

8:00 - 8:30	Registration and Check In 	
8:30 - 8:40	Welcome Heather A. Flynn, PhD 	
8:40 - 9:40	Keynote: Visioning New Futures for Reproductive Justice Crystal Bennett, LMSW, Founder and CEO of THRYVE, LLC	
9:40 - 10:40	Session 1: FLMMHC Clinical Workgoup Update and Navigating Perinatal Clinical Support: Best Practice Considerations Kirsten Ellingsen, PhD, PMH-C, FLMMHC Clinical Workgroup Chair Jessica Balos, LMHC-QS, PMH-C Harleen Hutchinson, Psy,D., IMH-E(R)	
10:40 - 11:25	Session 2: Under the Sea but Over my Head, A Little Mermaid Story: Addressing the Unique Needs of Neurodivergent Pregnancy and Parenthood with openly autistic clinicians. Stacy Greeter, MD Jane Kosloff, LICSW, PMH-C Skylar Ibarra, LCSW	
11:25 - 11:40	Break 	
11:40 - 12:35	Session 3: FLMMHC Policy Workgroup Update and Maternal Mental Health Policy Updates Dixie Morgese, FLMMHC Policy Workgroup Chair and Chief Strategy Officer at the Hanley Foundation Tamara Mackroy, M.S.H.S., CFAA, C-DBT, 6σ Black Belt Sylvania McMillon, Doctoral Student at the University of Central Florida	
12:35 - 1:20	Lunch Break/Posters 	

AGENDA



DAY 1

(Continued)

Friday, January 24, 8:00am-5:30pm

1:20 - 2:00	Session 4:	Innovation in Digitally Supported Interventions to Improve Perinatal Mental Health Outcomes in Obstetrics from University of Florida Kay Roussos-Ross, MD Amie Goodin, PhD, MPP Deepthi Varma, PhD, MPhil, MSW
2:00 - 2:30	Session 5:	Integration of Behavioral Health Care in Family Medicine Resident Clinic from Tallahassee Memorial Hospital Tanya Evers, MD
2:30 - 3:00	Session 6:	Interventions for Opioid Use Disorder During Pregnancy: A Scoping Review Mirine Richey, MPH, IBCLC
3:00 - 3:30	Session 7:	Substance Use Disorders in Pregnancy from University of South Florida Brittany Ranieri, DO
3:30 - 3:50	Break 	
3:50 - 4:50	Session 8:	FLMMHC Research Workgoup Update and Interprofessional dialogue around results from the Research workgroup doula descriptive study Heather Howard, PhD, FLMMHC Research Workgroup Chair, Chief Strategy Officer at the Hanley Foundation in West Palm Beach Carol Gagliano, MA, CLC, Director of Operations and Evaluation Sylvia McMillon, Doctoral Student at University of Central Florida
4:50 - 5:30	Session 9:	Special Session, Dr. Pam Carbiener 2025 Excellence in Perinatal Mental Health Care Award and Session *This session will be presented virtually.
5:30		Wrap up and Discussion from Day 1 Conference Party begins immediately following wrap up session.



DAY 2

AGENDA

Saturday, January 25, 8:00am-12:15pm



8:00-8:45	Breakfast & Check In	
8:45-9:10	Session 10:	FL BH Impact Update: Five years of the Florida Psychiatric Access Program Heather Flynn, PhD Megan Deichen-Hansen, PhD Amandla Shabaka Haynes MD
9:10-10:00	Session 11:	C.O.A.S.T. Through Pregnancy Chris Szorcsik, Executive Director Capital Area Healthy Start Coalition
10:00-10:35	Session 12:	FLMMHC Awareness Workgroup Highlights & Foundations of Resilience: The Intersection of Perinatal and Infant Mental Health Amandla Shabaka-Haynes, MD, FLMMHC Awareness Workgroup Chair Harleen Hutchinson, Psy.D, IMH-E, Infant & Early Childhood Mental Health Mentor-Clinical
10:35-11:00	Session 13:	Gaps in Screening, Resource Provision, and Mental Health Support: Postpartum Patients' Perspectives Melissa Newsome, MPhil
11:00-11:15	Session 14:	The Florida Maternal Mental Health Resource Directory Amandla Shabaka-Haynes, MD
11:15-11:45	Session 15:	Melanin Mothers Meet: Maternal Mental Health: The Language of Black Mothers Trishay "Mama Yata" Young, Melanin Mothers Meet CEO & Founder
11:45-12:15	Wrap Up: CEU, Feedback, Wrap up / Future Directions of FLMMHC	

Florida Maternal Mental Health Collaborative

CONFERENCE

Party

Music ♦ Dance ♦ Food

PARTNERING FOR IMPACT

January 24, 2025

Starts at 5:30 pm

801 South Gadsden St.,
Tallahassee, FL 32301

Party sponsored by Sage.

Don't Miss the Fun!
Wear comfortable shoes!



Meet Our Keynote Speaker

**Crystal Bennett,
LMSW**

Founder and CEO of
THRYVE, LLC



Friday, January 24, 2025

Join us as we listen to an amazing presentation from our keynote speaker on “*Visioning New Futures for Reproductive Justice*”

Crystal Bennett is a fierce Black woman who is committed to dismantling oppressive systems to create equitable and just services, policies and programs. She is a mother, a military spouse, an entrepreneur and a self-proclaimed thriver who has dedicated the last 25 years of her life to healing from her own personal trauma and working with individuals and communities to create opportunities for healing that are trauma informed, culturally responsive and person centered. When she isn't working to plant and nourish the seeds for future generations she enjoys movie nights with her family, vacationing by the ocean and exploring the Southern California vineyards.

Dr. Pamela Carbiener

2025

Excellence in Perinatal Mental Healthcare

“I have been humbled by my patients and their struggles. The first wake up I had that women's health is not accessible was in the 80's in Washington DC working as a resident at DC General Hospital now shuttered. Women of color suffered from the epidemic of despair, stemming from epidemic of economic and cultural stagnation. I sought out underserved patients when I came to Volusia County and saw this on a much smaller but still unacceptable scale. It has impacted everything. The women in addiction then showed me they were trying to be good mothers and good citizens and I learned more about them and their strengths and challenges. This came concurrently with the closure of the health department prenatal care clinics and the rise of the opioid epidemics. Over ten years of trying to identify ways to increase access to care and we are ready to open a clinic in March that follows the tenants of Jennie Joseph's easy access clinics and will be barrier free. Fingers crossed.”

Dr. Pam Carbiener



**CONGRATULATIONS
DR. PAMELA CARBIENER
RECIPIENT OF OUR 2025
EXCELLENCE IN PERINATAL MENTAL
HEALTHCARE AWARD.**



Florida Maternal
Mental Health
Collaborative



DR. PAMELA CARBIENER

2025 Excellence in Perinatal Mental Healthcare



Dr. Carbiener and her family arrived in the Daytona Beach area in 1992, and she has been practicing obstetrics and gynecology with Halifax OBGYN for 23 years. She was introduced to community service early on, by iconic physicians like Jim White and Marty Fiegenbaum. Initially, she became involved in the Volusia County Medical Society, doing school physicals and contributing to the Stethoscope as author and later editor. She became the medical director of the Rape Crisis Center, and was a founder of COPE. The first half of her career did focus on organized medicine, chairing the OBGYN departments at Ormond and Halifax, matriculating to Chief of Staff at Halifax and eventually serving on the Halifax Board of Commissioners and as a delegate for the Florida Medical Association. She then gravitated more to community based organizations, serving on the boards of COPE, Healthy Start, Healthy Communities, the Bert Fish Foundation, The Daytona State College Center for Women and Men, the Halifax Health Foundation, the Daytona Blues Festival and the Stewart Marchman Act Foundation.

She is most proud of her work in two area of healthcare--medical education with the FSU College of Medicine, and her mission to maintain prenatal care access to all women. Seizing on the opportunity to create a regional medical student campus, she advocated aggressively alongside TK Wetherall, Dr. Sharples, Dr. Schildecker and Noah McKinnon to bring this to fruition. In its seventh year, this campus boasts of a faculty of over 400 physicians, dedicated to training the next generation and a number of graduates have returned here to practice. Dr. Carbiener is the clerkship director of OBGYN and is privileged to teach every student who matriculates through the campus.

In the trenches, her passion remains prenatal care to all women--regardless of their insurance and their health issues that affect their unborn children. In order to better understand the challenges faced by underserved women, she worked one day weekly at the VCHD prenatal care clinic, alongside a Healthy Start specialist and together they provided high risk medical care and social services to those at highest risk--until the VCHD closed its clinic. She has since moved many of these patients into her private practice and seen others at the Halifax Health Women Care Now. She has become the "go to" obstetrician for women with addiction, homelessness and mental illness. Her private patients support this and have become more aware of these issues--furthering focus on this critical need for community wellness.

In an effort to educate our community and provide fundraising for women and infants at risk, Dr. Carbiener and her family, alongside an incredible board of directors developed the Daytona Blues Festival. In its seventh year, these Blues for Babies have donated over \$150K to the Halifax Health NICU project and Project WARM at the Vince Carter Sanctuary. This three day music festival in October has been embraced by our community and the national blues fans and continues to grow,

These opportunities could only be realized because the entire Carbiener family embraced them. Frank and their children Sarah, Charlie and Katie supported and sacrificed for these many causes. To them she owes everything.



MEET OUR TEAM




Heather A. Flynn, Ph.D.

FLMMHC Co-founder & Chair

Heather A. Flynn, Ph.D., is a Professor at the Florida State University (FSU), College of Medicine and Chair of the Department of Behavioral Sciences and Social Medicine. She is the Director of the FSU Center for Behavioral Health Integration. Dr. Flynn received her doctorate in clinical psychology from Florida State University and completed a mental health and substance use fellowship at the University of Michigan Medical School in 1998. She served on the faculty at the UM Department of Psychiatry from 1998-2011, where she co-founded the UM Women and Infants Mental Health Program. Dr. Flynn's research is focused on improved identification, treatment, and outcomes for behavioral health disorders, with a particular focus on women and children. As a clinical psychologist, she has worked for over 25 years as a clinician, researcher, and trainer in the behavioral health field. Her work is specifically aimed at developing and testing for behavioral health in medical and community settings. Dr. Flynn is also involved in statewide, national, and international work on improving behavioral health approaches and outcomes. She is the Co-Chair of the Florida Maternal Mental Health Collaborative and the Women & Mood Disorders Task Group Chair within the National Network of Depression Centers. She has worked with teams to develop international quality standards by implementing processes for practitioner and trainer/supervisor certifications in evidence-based behavioral health treatments, including Motivational Interviewing and Interpersonal Psychotherapy. In 2018, Dr. Flynn was appointed to serve on the Florida Governors Mental Health Task Force. She also served as a member of the Florida Statewide Suicide Prevention Task Force, and in 2020 was appointed to the Florida Governors Opioid Task Force. Dr. Flynn is passionate about community-partnered, collaborative work to improve mental health and substance use for families in the US and worldwide.

Planning COMMITTEE

- 
- ✓ Monica Ragans
 - ✓ Melissa Newsome
 - ✓ Cori McGooden
 - ✓ Jasmine Max
 - ✓ Megan Deichen Hansen
 - ✓ Amandla Shabaka-Haynes
 - ✓ Brandon Weikel
 - ✓ Sharon Ross- Donaldson

FLMMHC Steering Committee

- Alison Yager, JD - Executive Director, Florida Health Justice Project
- Allison Parish, MS, EdS - Project Director, MIECHV Technical Assistance Resource Center, Education Development Center
- Alma Littles, MD - Interim Dean, Senior Associate Dean for Medical Education and Academic Affairs, Florida State University College of Medicine
- Amandla Shabaka-Haynes, MD - Program Manager, FSU Center for Behavioral Health Integration, FLMMHC Awareness Workgroup Chair
- Amy Young - Managing Partner, West Palm Beach, Partner, Tallahassee, Ballard Partners
- Carol Brady - MCH Advocate, Brady & Associates
- Caroline Valencia, MPH - Director, Maternal & Infant Health Initiatives, March of Dimes
- Cathy Timuta, MBA - Chief Executive Officer for the Healthy Start MomCare Network and Chief Executive Officer, Florida Association of Healthy Start Coalitions
- Christopher Cogle, MD - Chief Medical Officer, Florida Medicaid
- Deborah Knudson Gonzalez, MD - Assistant Professor, University of South Florida, College of Medicine Psychiatry and Behavioral Neurosciences
- Dikea 'Kay' Roussos-Ross, MD - Associate Professor, Division of Gynecology, Department of Obstetrics and Gynecology, Department of Psychiatry and Director of Women's Health at Shands Medical Plaza, University of Florida
- Dixie Morgese - FLMMHC Policy Workgroup Chair
- Gabrielle Bargerstock - Executive Director, Healthy Start Coalition of Flagler & Volusia Counties, Inc
- Heather Flynn, PhD - Professor and Chair, Department of Behavioral Sciences and Social Medicine, Florida State University College of Medicine
- Heather Howard, PhD, MSW, LICSW - Associate Professor, Sandler School of Social Work, Florida Atlantic University, FLMMHC Research Workgroup Chair
- Jan Bogie, LMHC - Clinical Director, Healthy Mothers, Healthy Babies Coalition of Palm Beach County
- Kacey Brown, DrPH, MS - Manager, SDoH and Community Partnerships, Aetna
- Karen Harris, MD, MPH - Attending Physician & Residency Program Director, Women's Group of North Florida
- Kelly Rogers - Section Administrator, Maternal and Child Health, Florida Department of Health
- Kirk Hall - Government Analyst, Agency for Health Care Administration
- Kirsten Ellingsen, PhD PLLC - FLMMHC Clinical Workgroup Chair
- Lauren DePaola, MSW - Founder/CEO, Better Beginnings
- Leisa Stanley, PhD, MS - Associate Executive Director, Healthy Start Coalition of Hillsborough County
- Maureen Fura, MPA - CEO & Founder, Mammha
- Maureen Whelihan, M.D., F.A.C.O.G. - Elite GYN Care of The Palm Beaches
- Megan McFall, B.Ed., RN - CEO, Indian River County Healthy Start Coalition
- Megan Deichen-Hansen, MSW, PhD - Research Faculty, Florida State University College of Medicine
- Melanie Brown-Woofter - President/CEO, Florida Behavioral Health Association
- Mimi Graham, EdD - Director, Center for Prevention and Early Intervention Policy (CPEIP) at Florida State University
- Sarah Workman Checcone, JD - Founder & Executive Director, Postpartum Society of Florida, Inc.
- Sharon Ross-Donaldson, MSW, LCSW, CFSW - CEO/President, Center for Health Equity
- Stan Whittaker, MSN, APRN - President, Florida Panhandle Nurse Practitioner Coalition
- Tommy Schechtman, MD, MSPH, FAAP - Pediatric Partners
- Ute Gazioch - Senior Director of Behavioral Health Policy, Florida Behavioral Health Association



FLMMHC Workgroup Chairs



Awareness Workgroup

Amandla Shabaka-Haynes, M.D. is a native of Tallahassee, Florida. She received her B.S. in Biology/Pre-medicine at Xavier University of Louisiana and completed her medical training at the Latin American School of Medicine. She currently serves as Program Manager for pediatric and perinatal behavioral health programs at the Florida State University College of Medicine Center for Behavioral Health Integration. Dr. Haynes has previously served as board member for Capital Area Healthy Start Coalition; Women's Health Liaison and Outreach Specialist at a local Federally Qualified Health Center. She is also a certified Acupuncture Detoxification Specialist. Dr. Haynes is an advocate for the BIPOC birth community, supporting efforts to improve birth outcomes and reduce health inequities. In her volunteer roles, she serves as chair of the Awareness Workgroup of the Florida Maternal Mental Health Collaborative, Advisor for the Sister Friends Tallahassee Birthing Project, and Women's Health Educator for the Melanin Mothers Meet Postpartum Support Program. At her core, Dr. Haynes is a mother, mentor, an active local and international community member, a bilingual health educator, and a lover of food and culture.



Clinical Workgroup

Dr. Kirsten Ellingsen has been dedicated to supporting children and families for more than 25 years through clinical practice, research, and community collaboration and consultation. She is a licensed psychologist and adjunct faculty at the University of South Florida (USF). Dr. Ellingsen has expertise in pediatric psychology, early intervention, and maternal mental health. She has authored various academic book chapters, presented at several national conferences, and been an invited speaker at local, state, national, and international conferences on parenting, child assessment, and childhood intervention and disability. She has diverse and extensive experience in the design and implementation of numerous research studies and has provided clinical support within schools, homes, hospitals, and outpatient clinics. She currently owns a private practice in Tampa and Sarasota supporting children, teens, parents, and the perinatal population.



Policy Workgroup

Dixie L. Morgese has over twenty-five years of experience working with and advocating for families in multiple service environments. She has developed policy and implemented systems of care to serve communities in the areas of maternal child health, health equity, family risk and resiliency, HIV, trauma and substance use disorder. Ms. Morgese was a Certified Addictions Professional and an Internationally Certified Drug and Alcohol Counselor (retired). She graduated summa cum laude with her bachelor's degree in Human Services from St. Leo University. She has worked many with partners on local, state, and national levels to address social determinants of health, health equity, parent leadership, and family resiliency. She has provided consultation to the Center on Substance Abuse and Child Welfare (NCSACW), the Center for the Study of Social Policy (CSSP), the National Association of Counties (NaCo), the National League of Cities, the National Association of County and City Health Officials (NACCHO), the Florida Department of Children and Families, the Florida Association of Healthy Start Coalitions, and the Florida Department of Health.

Currently she provides technical consulting and training and serves on the Advisory Board of the Volusia Recovery Alliance, is a Board member of the Volusia And Flagler Commission on Housing and Homelessness, and serves as the Policy Workgroup Chair for the Florida Maternal Mental Health Collaborative. Ms. Morgese retired after fifteen years as the Executive Director of the Healthy Start Coalition of Flagler and Volusia Counties. Ms. Morgese self identifies as a woman in recovery from trauma and substance use disorder and continues to work directly with people seeking a pathway to a better quality of life as a coach and recovery sponsor.



Research Workgroup

Dr. Heather Howard has over 34 peer-reviewed publications which focus on health empowerment, interprofessional practice, and factors associated with adherence to standard of care and the use of shared decision making with pregnant women presenting with substance use disorder. These publications emphasize the importance of decreasing stigma for perinatal women who are impacted by trauma and substance use, and to utilizing interprofessional approaches involving clinicians, social workers, and health educators, focusing primarily on health disparities and public health responses to maternal substance use. She has been invited to speak at national and international conferences in health and substance use. She has received over \$500,000 in state and federal grants in behavioral health research. She is active in the peer-recovery oriented community in South Florida, and created the trauma-informed care-learning module for the Florida Perinatal Quality Collaborative Neonatal Abstinence Syndrome Initiative. She also collaborated with FAU's College of Medicine as a co-investigator and shared-decision making trainer for the SAMHSA State Opioid Response Grant Curriculum Development and Implementation Project. Her recent research was a community-based study with mothers impacted by substance use and the intersection of the child welfare system with results indicating pregnant women needing information regarding treatment resources and non-stigmatic support due to the traumatic experience of infant removal.

Conference Presenters

- Amandla Shabaka-Haynes, MD**, Program Manger, Department of Behavioral Sciences and Social Medicine, Florida State University College of Medicine
- Amie Goodin, PhD, MPP**, Assistant Professor at the University of Florida Department of Pharmaceutical Outcomes & Policy & the Center for Drug Evaluation and Safety (CoDES)
- Brittany Ranieri, D.O.**, The University of South Florida, Resident Psychiatrist
- Carol Gagliano, MA**, CLC, Director of Operations and Evaluation
- Chris Szorcisk**, Executive Director for Capital Area Healthy Starts Coalition
- Crystal Bennett, LMSW**, Founder & CEO of THRYVE, LLC
- Deepthi Varma, PhD, MPhil, MSW**, Psychiatric Epidemiologist & Assistant Professor in the Department of Epidemiology at the University of Florida
- Dikea (Kay) Roussos-Ross, MD**, Professor and Chief in the OBGYN and Psychiatry Departments at The University of Florida
- Dixie Morgese**, Policy Workgroup Chair for the Florida Maternal Mental Health Collaborative and Chief Strategy Officer at the Hanley Foundation
- Harleen Hutchinson, Psy.D., IMH-E(R)**, Executive Director of The Journey Institute, Inc
- Heather Howard, PhD**, Assistant Professor at Florida Atlantic University
- Heather Flynn, PhD**, Professor and Chair, Department of Behavioral Sciences and Social Medicine, Florida State University College of Medicine
- Jane Kosloff, LCSW, PMH-C**, Founder of Counseling with Jane
- Jessica Balos, LMHC-QS, PMH-C**, Reproductive & Perinatal Mental Health Florida Qualified Supervisor at Willow River Wellness, LLC
- Kirsten Ellingsen, PhD, PMH-C**, Adjunct Faculty at the University of South Florida
- Megan Deichen-Hansen, MSW, PhD**, Assistant Professor, Department of Behavioral Sciences and Social Medicine, Florida State University College of Medicine
- Melissa Newsome, Mphil**, Doctoral Student at the University of South Florida
- Mirine Richey, MPH, IBCLC**, FSU Center for Prevention & Early Intervention Policy
- Stacy Greeter, MD**, Board Certified Child/Adolescent and Adult Psychiatrist Private Practice
- Skylar Ibarra, LCSW**, Founder of Lenarra
- Sylvia McMillon**, Doctoral Student at the University of Central Florida
- Tamara Mackroy, M.S.H.S., CFAA, C-DBT**, Founder & President of Maternal Matters Favored & Owner of Favor, LLC
- Tanya Evers, MD**, Tallahassee Memorial HealthCare
- Trishay "Mama Yata" Young**, CEO and Founder of Melanin Mothers Meet

Poster Presenters



Eliana Ramos

“Secondary pregnancy in adolescents, a Florida social concern”



Sadia Arshad, MPH, MSN

“Influence of a Novel Nutritional Supplement on Postpartum Mood”



Mirine Richey, MPH, IBCLC

“Perceived Mental Health Changes among Mothers that Report Microdosing Psilocybin Mushrooms”



Dr. Mimi Graham and Mirine Richey, MPH, IBCLC

“Florida’s First 1000 Days”



Austin Spitz, MS

“In the Office: Behavioral Health Screenings and Racial Treatment Differences in Routine Prenatal Care Visits”



Brittany Ranieri, DO, Amanda L. Elmore, PhD, Jennifer Marshall, PhD, MPH, CPCH , Rafaella Stein Elger, MPH, CPH, Amandeep Ratta, MD, MBBS, MS, Dewan Tahsin, Alimot Afolabi

“Florida LIFTS: Elevating Family Voices to Improve Substance Use Disorder Care for Pregnant and Parenting Individuals”



Notes

Notes